

Shared Trauma, Shared Resilience During a Pandemic: Social Work in the Time of COVID-19

Speaker: Carol Tosone, PhD, LCSW

Description:

Beginning with her research related to caregivers after 9/11, Dr. Tosone and her research partners introduced the term "shared trauma" into the clinical social work literature. In this presentation, she will describe how shared trauma compares to secondary trauma, vicarious traumatization, compassion fatigue, and posttraumatic stress disorder. Dr. Tosone will also share with our attendees the results of her new research on this subject following the pandemic, including data around online treatment, boundaries regarding shared trauma, and traumatic grief.

Learning Objectives:

- Participants will learn the definition and core components of shared trauma in comparison to secondary trauma, vicarious traumatization, compassion fatigue, and posttraumatic stress disorder.
- Participants will learn about the contributing factors to the development of shared trauma, including traumatic life events, insecure attachment style, and enduring stress related to COVID-19.
- Participants will learn about the main themes garnered from research with social work practitioners, including 1) the advantages and disadvantages of online treatment; 2) COVID-19 diagnosis of self and/or loved ones; 3) importance of the social work profession; 4) boundary concerns related to shared trauma; 5) traumatic grief; and 6) existential personal and professional concerns.

Duration: 1:00